

# Meeting Schedule

## LifeRing Utah

Sober | Secular | Self-Empowered

### Salt Lake Valley

**Saturdays: 11 a.m. – “How was your week?”**

First Baptist Church

777 South 1300 East

Enter parking lot from 800 South/Sunnyside Avenue

**Wednesday: 7 p.m. – “How was your week?”**

NOTE: This meeting is on hiatus until further notice.

First Baptist Church

777 South 1300 East

Enter parking lot from 800 South/Sunnyside Avenue

*Though we ask for voluntary donations, meetings are free, confidential, and open to all.*

*We make every effort to keep this schedule current, however meeting locations and times are subject to change.*

(updated 28 Apr 2025)