

# Meeting Schedule

## LifeRing Utah

Sober | Secular | Self-Empowered

### Salt Lake Valley

#### **Sundays – 10 a.m. – “How was your week?”**

University Neuropsychiatric Institute  
501 Chipeta Way, Room #1566

#### **Saturdays – 11 a.m. – “How was your week?”**

First Baptist Church  
777 South 1300 East  
Enter parking lot from 800 South/Sunnyside Avenue

*Though we ask for voluntary donations, meetings are free, confidential, and open to all.*

*We make every effort to keep this website current, however meeting locations and times are subject to change.*

*(updated 12 January 2020)*