

# Meeting Schedule

## LifeRing Utah

Sober | Secular | Self-Empowered

### Salt Lake Valley

#### **Sundays – 10 a.m. – “How was your week?”**

University Neuropsychiatric Institute  
501 Chipeta Way, Room #1566

*The Sunday meeting has been suspended indefinitely. The University Neuropsychiatric Institute (UNI) has closed the facility to public meetings due to health concerns. We will update the meeting status via this web site and the LifeRing email list as things change.*

#### **Saturdays – 11 a.m. – “How was your week?”**

First Baptist Church  
777 South 1300 East  
Enter parking lot from 800 South/Sunnyside Avenue

*The Saturday meeting will resume a face-to-face format beginning May 15th, 2021. Masks are required. Please note that the meeting format may be changed based upon revised state, city, or facility health regulations. Meetings will no longer convene on Zoom, though if possible we hope that attendees may still be able to participate in the meeting remotely if they wish to do so. For more information, please email [info@liferingutah.org](mailto:info@liferingutah.org).*

*Though we ask for voluntary donations, meetings are free, confidential, and open to all.*

*We make every effort to keep this website current, however meeting locations and times are subject to change.*

**(updated 29 April 2021)**